

BREAKFAST – Served All Day

BLUE INFUSION BREAKFAST – eggs your way, bacon, hash brown, thyme roasted tomato, w/ sourdough 17.95

BIG BREAKFAST – eggs your way, bacon, hash brown, haloumi, sausages, thyme roasted tomato, baked beans & mushrooms w/ toasted turkish 24.0

VEGETARIAN BIG BREAKFAST – eggs your way, hash brown, haloumi, thyme roasted tomato, baked beans & mushrooms, tomato relish & house made avocado smash w/ toasted Turkish [V] 24.0

EGGS BENEDICT – traditional eggs benney on turkish bread w/ a choice of mushrooms, ham, bacon or salmon [V option available] 19.95
+ hash browns 4.0

FRENCH TOAST - two slices of thick french toast drizzled in maple syrup served w/ fresh fruits, ice-cream & a dusting of cinnamon sugar [V] 17.95
+ bacon 5.0

BREAKFAST ROLL – fried egg, bacon, hash brown, cheese, rocket & bbq sauce on turkish bread roll 15.95
+ house made avocado smash 4.0

AVOCADO SMASH - house made avocado smash served on sourdough w/ feta, rocket & fresh lemon [V] 16.95
+ haloumi 3.0
+ poached eggs 4.0

NOURISH BOWL - quinoa, roasted pumpkin, mushrooms, sweet potato, capsicum, cherry tomatoes, spinach & red onion. Served w/ house made capsicum hummus [V] [GF] 16.50
+ bacon 5.0
+ chicken 5.0

BELGIAN WAFFLES - toasted waffles served w/ fresh fruits, vanilla ice-cream & a generous drizzle of maple syrup
OR served w/ fresh fruits acai/ice-cream twist & a generous drizzle of our house made berry coolie 17.95
+ bacon 5.0

FRENCH OMELETTE – spinach, feta with a choice of bacon, salmon, ham or mushrooms [GF] [V] 18.95
+ toasted Turkish 3.0

KETO BREAKFAST - bacon, poached eggs, spinach, thyme roasted tomatoes, mushrooms & hollandaise [GF] 20.95

TWO EGGS ON SOURDOUGH
fried, poached or scrambled 12.50
+ bacon 5.0



SUPER FOODS

BANANA SMOOTHIE 8.7
BERRY SMOOTHIE 8.7
MANGO SMOOTHIE 8.7
TROPICAL SMOOTHIE 8.7
GREEN & CLEAN SMOOTHIE 8.7

ACAI BOWL- Acai from our soft serve machine topped with crunchy granola & seasonal fruit [DF][V]

OR **TWIST** it up with half Acai & half Vanilla Icecream. [V] 15.95

SIDES

Bacon 5.0
Tomato 2.5
Smoked Salmon 6.0
2 Eggs 4.0
Mushrooms 3.5
Sausage 4.0
Spinach 2.5
Hash browns 4.0
Smashed Avocado 5.0
Haloumi 3.0
Hollandaise 3.5
Baked beans 2.5
Tomato Relish 3.0
Chips 5.0
Sweet potato chips 6.0

If you are following Dr Scott Fox'
[Accupuncture & Chinese Herbal Medicine]
meal plan,

We recommend that you order the

Keto Breakfast and we will swap out the tomato
for extra mushrooms.

Or

French Omelette.

*Gluten Free Bread Available as substitution on all meals [GF]

[V] VEGETARIAN [GF] GLUTEN FREE [DF] DAIRY FREE

LUNCH – Served from 10am

HAMBURGER - juicy beef patty, bbq sauce, mesclun, tomato & beetroot. Served w/ chips 16.95

+ Cheese 1.00
+ fried egg 1.5
+ bacon 2.5

STEAK SANDWICH - Steak, bbq sauce, mesclun, tomato & beetroot. Served w/ chips 16.95

+ Cheese 1.00
+ fried egg 1.5
+ bacon 2.5

CHICKEN BURGER – crispy chicken snitty, mesclun & mayo. Served w/ chips 17.50

+ beetroot 1.0
+ tomato 1.0
+ cheese 1.0
+ bacon 2.5

FISH BURGER - battered fish, tartare & mesclun Served w/ chips 17.50

+ beetroot 1.0
+ tomato 1.0
+ cheese 1.0
+ bacon 2.5

VEGGIE BURGER - vegetable patty, mesclun, tomato, beetroot, grated carrot & mayo. Served w/ chips 17.95

DELUXE SANDWICH – grilled chicken, bacon, brie, spinach & aioli on toasted turkish bread 15.95

+ chips 5.0

BLT - thick toast filled with bacon, lettuce, tomato & mayo 12.5

+ chips 5.0

NACHOS - a vegetarian delight of corn chips topped w/ mozzarella cheese, house made warm bean salsa, sour cream & house made smashed avocado [V] [GF] 16.5

+ jalapenos

SEAFOOD BASKET -crumbed prawn outlets, squid rings, seafood bites, tempura fish & battered seafood bites w/tartare sauce, fresh lemon & chips 18.50

THAI BEEF SALAD - tender beef strips, mesclun, cucumber, red onion, carrot, cherry tomatoes, fresh mint & parsley w/ our house made lime & cilantro dressing [GF] 17.95

CHICKEN & HALOUMI SALAD – juicy chicken breast, haloumi, mesclun, grated carrot, cherry tomatoes, cucumber, olives, red onion & house made dressing [GF] 17.95

LUNCH BRUSCHETTA - toasted pita bread topped with fresh basil, tomato, red onion & feta [V] 11.95

HOT CHIPS - w/ your choice of aioli, tomato or bbq sauce [V] [DF] 8.5

SWEET POTATO CHIPS - w/ your choice of aioli, tomato or bbq sauce [V] [DF] 9.5

**Gluten Free Bread Available as substitution on all meals [GF]*



KIDS CORNER

for children ages 12 & under

TOAST [2]
w/ vegemite, peanut butter, jam or honey 6.5

EGG ON TOAST
poached, fried or scrambled 7.5

BACON & EGG ROLL 8.0
BACON & EGG WRAP 8.0

KIDS WAFFLE [1] w/ Acai/Vanilla ice-cream twist, fruit & house made berry coulis.
OR
w/ ice-cream, fruit & maple syrup 10.0

FISH & CHIPS 10.5

NUGGETS & CHIPS 10.5

KIDS CHIPS 5.0

KIDS CHESEBURGER
meat, cheese, tomato sauce 8.5

HAM & CHEESE TOASTIE 8.0

KIDS MILK SHAKE
Chocolate, Strawberry, Caramel, Vanilla, Blue heaven, Banana 4.5

KIDS THICKSHAKE
Chocolate, Strawberry, Caramel, Vanilla, Blue heaven, Banana 5.5

KIDS JUICE
Apple, Orange, Pineapple 2.5

BABYCINO
w/ marshmallows 1.5

KIDS ICECREAM
w/topping & sprinkles 2.5

[V] VEGETARIAN [GF] GLUTEN FREE [DF] DAIRY FREE

HOT DRINKS

COFFEE	Small	Medium	Large
Espresso	3.9		
Ristretto	3.5		
Macchiato	4.4		
Piccolo Latte	4.4		
Affogato	4.7		
Long Black	4.5	5.0	5.5
Flat White	5.0	5.5	6.0
Latte	5.0	5.5	6.0
Cappuccino	5.0	5.5	6.0
Chai latte	5.0	5.5	6.0
Turmeric Latte	5.0	5.5	6.0
Hot Chocolate	5.0	5.5	6.0
White Hot Chocolate	5.0	5.5	6.0
Mocha	5.2	5.7	6.2
Nutella Hot Choc	5.5	6.0	6.5
Vietnamese Coffee	5.5	6.0	6.5
Alternative Milks			
Lactose Free, Soy, Almond, Oat, Coconut		.6	
Add Syrups		.6	
Add Marshmallows		.5	
Teas		5.5	
English Breakfast, Earl Grey, Green, Chamomile, Peppermint, Lemongrass & Ginger			
Chai Tea		5.5	



COLD DRINKS

House Made Iced Tea	
Strawberry or Mango	6.0
Iced Latte - espresso, milk, ice	6.5
Iced Chai Latte - chai, milk, ice	6.5
Vietnamese Iced Coffee - condensed milk, espresso, milk, ice	7.5
Iced Long Black	5.0
Iced Coffee - espresso, milk, ice-cream, cream, ice	7.5
Iced Chocolate - chocolate, milk, ice-cream, cream, ice	7.5
Iced Mocha - espresso, chocolate, milk, ice-cream, cream, ice	8.0
Orange Juice	4.5
Apple Juice	4.5
Pineapple Juice	4.5
Milkshakes	7.5
Chocolate, Caramel, Vanilla, Strawberry, Blue Heaven, Banana, Coffee, Lime	
Thickshakes	8.5
Chocolate, Caramel, Vanilla, Strawberry, Blue Heaven, Banana, Coffee, Lime	
Frappe	
Mango, Guava & Lychee	7.9
Raspberry & Pomegranate	7.9
Chocolate	8.5
Coffee	8.5

FAMOUS BLUE INFUSION

thick shakes

Cookies & Cream
 Creamy Carmelo
 Hershey's Chocolate
 Nutty Nutella
 Honeycomb
 Blue Infused Sour Worms

11.95